

Clover Parks and Recreation

Youth Recreation Soccer Program

In Fall 2019, we will be implementing changes to the youth soccer program. Changes in the U4 Coed, U6 Coed, and U8 Coed division are designed by US Soccer to increase the positive atmosphere of the world's largest sport. It is our objective to help improve confidence, comfort, soccer intelligence, social skills, and promote a healthy lifestyle through the sport of soccer. US Soccer began to implement the following changes a few years ago to great success, it is time for us to join the player development movement.

Small-Sided Games Chart



	U6 6 years old and younger	U7 7 years old and younger	U8 8 years old and younger	U9 9 years old and younger	U10 10 years old and younger	U11 11 years old and younger	U12 12 years old and younger
Field Size Ranges (yards)	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 25-35 Width 15-25	Length 55-65 Width 35-45	Length 55-65 Width 35-45	Length 70-80 Width 45-55	Length 70-80 Width 45-55
Maximum Goal Size (feet)	Height 4 Width 6	Height 4 Width 6	Height 4 Width 6	Height 6.5 Width 18.5	Height 6.5 Width 18.5	Height 7 Width 21	Height 7 Width 21
Ball Size	3	3	3	4	4	4	4
Players	4v4 No GK	4v4 No GK	4v4 No GK	7v7 GK	7v7 GK	9v9 GK	9v9 GK
Game Time (minutes)	4x10	4x10	4x10	2x25	2x25	2x30	2x30
Offside	No	No	No	Yes	Yes	Yes	Yes

Clover Parks and Recreation Youth Soccer Changes:

In these age groups with fewer players on the field, each player has more opportunities to touch the ball, using and improving their soccer skills. Small-sided games can develop your player's decision-making, technical attributes, tactical knowledge and physical conditioning through functional movements. Small-sided soccer is FUN and allows more opportunities to score. Scoring can increase self-esteem, character development and team chemistry!

U4 Coed, U6 Coed, and U8 Coed:

- These age groups will change to 4v4, no goalies, and no scores.
- The focus of the age groups will naturally move from winning to development.
- Players will develop improved skills and confidence by being involved in the game more with less players on the field. More opportunities = more fun.
- Small sided games help promote faster decision making and better awareness.
- Each team will have a max of 6 players on the team, meaning players will have more opportunities for 1 on 1 coaching.
- These standards create uniformity across the nation as other organizations join the player development movement.

